

GATESHEAD METROPOLITAN BOROUGH COUNCIL

HEALTH AND WELLBEING BOARD MEETING

Friday, 19 July 2019

PRESENT: Councillor Lynne Caffrey (Gateshead Council) (Chair)

Councillor Leigh Kirton	Gateshead Council
Councillor Mary Foy	Gateshead Council
Councillor Gary Haley	Gateshead Council
Councillor Michael McNestry	Gateshead Council
Caroline O'Neill	Care Wellbeing and Learning
Dr Mark Dornan	Newcastle Gateshead CCG
James Duncan	Northumberland Tyne and Wear NHS Foundation Trust
Alice Wiseman	Gateshead Council
Lynsey McVay	Tyne & Wear Fire & Rescue Service

IN ATTENDANCE: Andy Graham	Gateshead Public Health
Sir Paul Ennals	Local Safeguarding Children's Board
Joe Corrigan	Newcastle Gateshead CCG
Michael Laing	Gateshead Community Partnership
Steve Nash	Newcastle Council for Voluntary Services
Felicity Shenton	Healthwatch
Lynn Wilson	Gateshead Council
Helen Williams	GMTS
Caroline Willis	Northumberland Tyne and Wear NHS Foundation Trust
David Muir	Northumberland Tyne and Wear NHS Foundation Trust

HW122 APOLOGIES FOR ABSENCE

Apologies for absence were received from Councillor Beadle, Councillor Gannon, Councillor P Foy, Sally Young, Mark Adams, Bill Westwood, Elaine Devaney and John Costello.

HW123 MINUTES

RESOLVED:

- (i) The minutes of the last meeting held on 7 June 2019 were agreed as a correct record.

HW124 DECLARATIONS OF INTEREST

RESOLVED:

- (i) There were no declarations of interest.

HW125 DECIDING TOGETHER, DELIVERING TOGETHER - JAMES DUNCAN, DAVID MUIR AND CAROLINE WILLS, NTW AND MICHAEL LAING, GATESHEAD HEALTH TRUST (PRESENTATION)

It was noted ahead of the presentation that the Child and Adolescent Mental Health Team were expected to do a presentation at the meeting; it was stated that their attendance would be expected at the September meeting of the Board.

The Board received a presentation providing an overview of the Deciding Together principles in addition to provider delivery group priorities. It was highlighted amongst other priorities that there will be a focus on access to mental health services and making this more streamlined and easier to navigate.

Key headlines from the NHS Long Term plan were also provided in the context of the changing landscape of the NHS. The Board were also advised that a newsletter has been created to provide an update on the Deciding Together, Delivering Together project with the aim of widening communication and providing transparency to the process.

More detail on the Provider Delivery Group priorities was provided from the presentation; in the context of access to mental health services it was noted that online information services would not be suitable for all users. The Board were further advised that as part of the priorities, engagement with GPs was important to improve links with primary care and local authority and joint improvement work.

The Board were provided with an overview of the proposed acute ward moves and a timeline of the project to allow for improvement and building works to be carried out. Information was also provided on bed days from 2018-19 to 2019-20 in addition to an overview of the shared activities of Gateshead mental health services.

The presentation highlighted the partnership work taking place highlighting that patient pathways will be mapped across the whole journey from community to inpatient and intermediate care.

A comment was made acknowledging the hard work of the Trust but concern was noted about providing interventions when services were already in crisis. Further comments were made noting that there needs to be more work done on intervention and prevention of poor mental health to reduce pressures on services. It was stated that early intervention is critical and that pathways in to schools are being made as part of the strategy. It was further stated that prevention is everybody's business.

It was said that the information and updates from the presentation would be welcomed by those working in the voluntary sector; it was requested that a further update be provided in the Autumn on the engagement with the voluntary sector as

part of the plans. It was also suggested that the head teacher of Whickham School be invited to discuss his experiences at a future meeting.

RESOLVED:

- (i) The Board noted the contents of the presentation.
- (ii) The Board requested a further update on the involvement of the voluntary sector be provided at a future meeting.
- (iii) The Board wished to invite the head teacher of Whickham School to a future meeting to share his experience of prevention work in schools.

HW126 HEALTH AND WELLBEING STRATEGY UPDATE - ALICE WISEMAN (PRESENTATION)

The Board received a presentation providing an update on the Health and Wellbeing Strategy. It was noted that the landscape has changed since the original strategy was written making the strategy out of date.

From the presentation it was noted that THRIVE is the agreed strategic approach for the strategy with the continuing need to address inequalities. It was also noted that over 50% of people and families in Gateshead are either managing or just coping and over 30% are in need or in vulnerable situations.

The Board were advised of the pledges to tackle inequalities which included putting people and families at the heart of everything we do. An overview of the policy aims was also provided based on the principles of Sir Michael Marmot. The Board were also advised that talks have taken place with Chris Bentley to develop the vision of the strategy.

From the presentation, the Board were advised of the actions to be taken in order to meet the pledges of THRIVE in the context of the strategy. It was stated that the recommendations are all based on evidence but are challenging.

It was noted from the presentation that further engagement will take place with Councillors, partner organisations, residents and the voluntary and community sector. It was also stated that the final strategy would come back to the Board for approval before action planning takes place to deliver the strategy.

A comment was made noting that the CCG, Gateshead Housing Company and Unions could be involved in the consultation; these were noted for consideration. It was also asked whether air pollution was included in the THRIVE agenda; it was stated that it is covered in the Council's climate change policy.

The Board were advised that the working title for the new strategy is 'A job, a home, good health and friends.'

A further comment was made noting that the new strategy was exciting and was praised for acknowledging social determinants as part of health and wellbeing.

RESOLVED:

- (i) The Board noted the contents of the presentation.

HW127

GATESHEAD HEALTH AND CARE SYSTEM UPDATE - SUSAN WATSON AND MARK DORNAN

The Board received a report providing an update from the Gateshead Health and Care System on progress in taking forward a place-based approach to the integration of health and care in Gateshead following on from the workshop held in June 2018.

From the report a summary of key successes were highlighted noting that the 'skeleton' has been created for the Gateshead Health Care system through a Memorandum of Understanding and Terms of Reference. There is also an increased awareness of each other's challenges, including the particular challenges faced by providers.

It was also noted from the report that there has been significant commitment from partners as evidenced by weekly meetings to maintain momentum from the report-out and keeping to the promise of meeting regularly. A summary of the agreed programme of work was also provided that identified three priority areas:

- Children and Young People's Health and Wellbeing
- Frailty
- People with Multiple and Complex Needs

as well as a number of key transformation programmes. Additionally, it was noted that collaborative working has enabled a whole system response to the Council's budget proposals and the national LGA consultation on an adult social care Green paper and the local air quality consultation. Further details of the measures taken were summarised to the Board from the report.

The Board were also provided with an overview of areas for further development which included the system leadership and planning arrangements. It was stated that the areas noted in the report were being looked at.

From the report, the Board were advised of the plans looking forward in the context of 'guiding principles' which included system integration and prioritisation. The Board were also advised that consideration has been given to requirements of the system in terms of:

- Infrastructure development
- Budgetary and planning arrangements
- Cultural change across the system
- Embedding prevention in ways of working and,
- Priority programmes of work to be progressed.

A comment was made commending the work and the direction of travel detailed in the report. It was also stated that the contributions of the voluntary sector should be further recognised as part of the plan.

RESOLVED:

- (i) The Board considered the progress update and noted the contents of the

- report.
- (ii) The Board endorsed the key areas of focus for 2019/20 as outlined in the report.

HW128 AIR QUALITY UPDATE - GERALD TOMPKINS (PRESENTATION)

The Board received a presentation on Air Quality and Health.

From the presentation the Board were advised that air quality refers to a variety of pollutants including nitrogen dioxide, sulphur dioxide and carbon monoxide. It was also highlighted that air pollution can come from a variety of sources such as construction sites, aircraft, road transport and farming.

A summary of the human effects that pollutants can have was given. It was stated that the body can be affected in a variety of ways from itching and irritated eyes to strokes.

The Board were further advised Gateshead Town Centre was declared an Air Quality Management area in 2015 and were provided with a breakdown of air pollution levels and statistics from 2006 – 2018 for Lychgate Court, Bottle Bank, the A1 at Dunston and the Tyne Bridge.

It was stated that measures have been taken to further improve air quality in Gateshead, this includes investment in walking and cycling infrastructure and a substantial improvement of the bus fleet going through the town centre using government grants to fit exhaust cleaning equipment.

The Board were advised that the North East has poorer health than England, with shorter life expectancy and healthy life expectancy. It was also stated that the major causes include cancer and cardio vascular and respiratory disease. In the wider context, it was also noted that measures to improve air quality may be of particular benefit in the poorest communities within the region.

It was highlighted from the presentation that Gateshead Council will continue to raise awareness of road traffic related air pollution to change people's behaviour in addition to making internal improvements. Internal improvements included improving the Council's fleet of vehicles and to support active travel with employees.

A comment was made noting that the information provided in the presentation reinforced the Council's recent motion in declaring a climate change emergency. It was also noted that the Tyne and Wear fire service have trialled the use of electric vehicles.

RESOLVED:

- (i) The Board noted the contents of the presentation.

HW129 UPDATE FROM BOARD MEMBERS

HW130 AOB

RESOLVED:

- (i) It was noted that future Board meetings will commence at 9am (i.e. from 9am to 11am).

HW131 FOR INFORMATION

RESOLVED:

- (i) The Board noted the items for information provided within the agenda pack.